

How to get there



Address

Nutritional Biochemistry
Institute of Nutrition
Friedrich Schiller University Jena
Dornburger Str. 25
07743 Jena
Germany

You travel by train

Coming from the West (e.g. Frankfurt Airport) or the East you arrive at the railway station "Jena-West". From the station take the bus line 15 (destination "Rautal") and get off at the bus stop "Universität". From the bus stop take the tram line 1 or 4 (destination "Zwätzen") and get off at the tram stop "Nordschule".

Coming from the North (e.g. Berlin airport, Leipzig airport) or the South (e.g. Munich airport or Nürnberg) you arrive at the railway station "Jena-Paradies". From the station take the tram line 1 or 4 (destination "Zwätzen") and get off at the tram stop "Nordschule".

The tram stop "Nordschule" is in front of the Institute of Nutrition. The institute is the large brownish building on the opposite side of the tram stop. The main entrance is from the "Dornburger Straße".

You travel by car

From the North-South motorway A9 "Berlin-Nürnberg", leave at the exit "Eisenberg" and follow the B7 to Jena, or change to the East-West motorway A4, directions "Frankfurt" and "Erfurt", at the "Hermsdorfer Kreuz" junction. From the East-West motorway A4 Frankfurt-Dresden, leave at the exit "Jena- Lobeda" (preferably) or "Jena-Göschwitz". Then follow the signs towards the city centre ("Stadtzentrum") of Jena to the North ("Rudolstädter Straße", B88).

From the city centre, follow the B88 to the North, direction "Naumburg". The "Dornburger Straße" branches off at the left hand side at a crossroad with traffic lights, dominated by an impressive yellow building with a roof tower and dragon-like decorations from wrought-iron. Here, the tram also leaves the B88 to the left. Follow the tram rails, and after about 500 m the Institute of Nutrition is on the left hand side in front of the tram stop "Nordschule".

Apart from public parking facilities, you will find a limited number of parking places near the institute on the backside of it (in order to use one of these contact us by phone). The access to the parking area is along the "Thomas-Mann-Straße" and the area is safeguarded by barrier.

In order to reach the parking area of the institute you pass the tram rails and the traffic lights, crossing "Camburger Straße/Nollendorfer Straße" after having turned into the "Dornburger Straße". Straight on is the "Nollendorfer Straße" (the Dornburger Straße turns right). After 300 m turn right into the "Thomas-Mann-Straße" and follow the street for about 300 m. The vehicle access to the parking place is in on the right in travel direction.

You travel by flight

The closest airport is Leipzig (about 80 km distance to Jena). After arriving at Leipzig airport, take the airport shuttle to Leipzig main station and continue by train to "Jena-Paradies" (about 1 hour).

Most international flights will arrive at Berlin (distance to Jena about 280 km), Munich (distance to Jena 380 km) or Frankfurt/Main (about 280 km distance to Jena). From Berlin you will arrive at the station "Jena-Paradies" (direct train connections every 2 hours). From Frankfurt you will arrive at the station "Jena-West". Both train connections take about 3 hours; the train connection from Munich takes about 3½ hours.

From either train station continue by bus or tram as described above.